



**5 THINGS
you can do
RIGHT NOW**

To support a
suicide barrier
on the Aurora
Bridge

TELL your elected representatives that you support a barrier.

ARRANGE for a speaker to talk to your organization and become informed about suicide prevention. Contact Sue Eastgard at info@yspp.org or call 206-297-5922

WRITE an editorial and submit it to local daily and weekly newspapers voicing your support. **CALL** area radio programs to do the same.

ATTEND public hearings and town hall meetings and get involved in the process to make our community safer.

CONTACT seattlefriends@gmail.com if there is some other way you would like to help. Send a message that this is a community that cares.



Seattle FRIENDS
701 N 34th St. Suite 300
Seattle, WA 98103
206-834-1029
www.seattlefriends.org



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5 REASONS WHY

You should support a suicide barrier on the Aurora Bridge

Most suicides are preventable. They are an impulsive response to a temporary crisis and overwhelming emotional pain. Suicide is not a rational act.

When people are stopped from jumping, they do not come back or go someplace else to commit suicide. A follow-up study of 515 people who were prevented from jumping off the Golden Gate Bridge found that 94% were still alive or had died of natural causes after a follow-up period of 26 years (Richard Seiden, 1978). Of the 26 people who survived, there is only one known subsequent suicide.

With over 230 confirmed suicides and only a handful of survivors, The Aurora Bridge has become a suicide magnet in our community. This trend has been increasing over the past few years. On average, there are 4 suicides per year at the Aurora Bridge.

Other measures do not always work. Studies have shown that increased patrols, signs, emergency call boxes and cameras do not always prevent suicides.

Barriers are a proven suicide prevention strategy. They have worked at the Eiffel Tower, the Empire State Building, St. Peter's Basilica, Sydney Harbor Bridge, Ellington Bridge in Washington DC, Colorado Street Bridge in Pasadena, CA, Memorial Bridge in Augusta, Maine, Toronto's Bloor Street Viaduct and the Space Needle here in Seattle.

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